

Ladies Run Ticino

SC Marketing Consult SA · Domenica, 14 maggio 2023

Risultati - Power - 10K - Start 9:30 · 3 pagine

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
U20 (2)								
101	JERMINI Matilde		SUI	F	2005	OGGIO	52:44.0	-
189	ENGEL Kira		GER	F	2004		55:24.0	+ 2:40.0
F (35)								
195	BRUNNER Philine	USA ASCONA	SUI	F	1990		36:13.5	-
128	STEPANOVA Natalya		ITA	F	1984	LUGANO	43:40.4	+ 7:26.9
121	PHAM-DI CASOLA Diep		VIE	F	1984	BIRONICO	44:53.8	+ 8:40.3
132	KOWALCZYK Paulina		POL	F	1994	FREIENBACH	47:49.8	+ 11:36.3
109	BELLANCA Arianna		SUI	F	1989	MASSAGNO	48:15.3	+ 12:01.8
196	SARTORELLI Nicole		SUI	F	1989		49:04.8	+ 12:51.3
125	GIUDICI Sofia		SUI	F	2000	ARZO	49:32.8	+ 13:19.3
129	DADÒ Céline		SUI	F	1988	AVEGNO	50:19.7	+ 14:06.2
118	REICHT Sabine		AUT	F	1984	OBFELDEN	50:27.3	+ 14:13.8
104	ANGELINETTA Laura		ITA	F	1994	RIVA SAN VITALE	51:40.3	+ 15:26.8
138	BONIOTTO Stefania	ESL-Soggiorni linguistici	ITA	F	1989	LAVENA PONTE TRESA	51:42.4	+ 15:28.9
112	SANTAMBROGIO Laura		SUI	F	1985	MONTEGGIO	51:46.0	+ 15:32.5
130	BINDA Laura		SUI	F	1994	CASTEL SAN PIETRO	51:51.4	+ 15:37.9
131	FARINELLI Tamara	TRIATHLON TEAM TICINO	SUI	F	1996	TERNERO	52:52.6	+ 16:39.1
120	FANCONI Cinzia		SUI	F	1989	LOSONE	54:05.7	+ 17:52.2
119	GONZALEZ Lucia		SUI	F	1987	LOSONE	54:05.8	+ 17:52.3
135	BIANCHI Melanie	Allianz Suisse	SUI	F	1994	MESOCCO	55:01.7	+ 18:48.2
139	PROSPERO Naomi		SUI	F	1986	BRENO	55:02.8	+ 18:49.3
136	BORELLA Isabella	Allianz Suisse	SUI	F	1994	CASTEL SAN PIETRO	55:03.6	+ 18:50.1
133	ANTONINI Roberta		ITA	F	1987	CLAINO CON OSTENO	55:36.5	+ 19:23.0
117	BENALI Eman		LBA	F	1985	FIGINO	56:06.1	+ 19:52.6
124	PETRALLI Giorgia		SUI	F	1996	VIGANELLO	56:07.5	+ 19:54.0
126	BARLASCINI Valentina		ITA	F	1992	S. ANTONINO	56:27.7	+ 20:14.2
127	PAGELLA Susanna		ITA	F	1987	COMO	56:27.9	+ 20:14.4
110	BARONI Giorgia		SUI	F	1989	GIUBIASCO	56:53.4	+ 20:39.9
108	RIMSKA Edita		SVK	F	1984	TESSERETE	57:47.3	+ 21:33.8
134	DE CRESCENZO Benedetta		SUI	F	1993	TESSERETE	58:23.9	+ 22:10.4
137	GARRIDO Sara	ESL-Soggiorni linguistici	SUI	F	1997	BIRONICO	58:28.4	+ 22:14.9

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
F (segunte)								
113	BERNASCONI Federica		SUI	F	1991	BELLINZONA	59:00.1	+ 22:46.6
111	BERNHARD Chiara	TEAM AMÉLIE SOLE	SUI	F	1986	CAMORINO	59:07.8	+ 22:54.3
107	DAVID Emmanuelle		FRA	F	1985	MASSAGNO	59:29.6	+ 23:16.1
123	NARDI Daniela		SUI	F	1986	PAZZALLO	59:49.3	+ 23:35.8
105	BALERNA Simona		SUI	F	1985	MONTE CARASSO	1:00:33.0	+ 24:19.5
106	PERA-BROGGI Samantha		SUI	F	1987	BELLINZONA	1:05:13.3	+ 28:59.8
191	MOREIRA Giselle Elizabeth		AFG	F	1986		1:05:39.3	+ 29:25.8
F40 (24)								
151	GADONI Valeria	NEWLINE STUDIO	SUI	F	1981	CADEMPINO	44:02.6	-
156	RIZZI Daniela		SUI	F	1980	SAVOSA	44:34.6	+ 32.0
193	GALATI Evelina	ATLETICA PIDAGGIA15.28	ITA	F	1982		46:20.5	+ 2:17.9
145	BACILE Jana	RC BELLINZONA	GER	F	1975	CABBIOLO	46:49.1	+ 2:46.5
144	CASATI Barbara		SUI	F	1979	VILLA LUGANESE	47:46.1	+ 3:43.5
169	REGNANI Gabriella		ITA	F	1981	MONTAGNOLA	47:52.8	+ 3:50.2
166	MOROTTI Monica		SUI	F	1979	AGNO	49:02.1	+ 4:59.5
155	BOLIS Moira	SEGUI LO ZIO	SUI	F	1979	ARBEDO	49:42.1	+ 5:39.5
154	ROBOTTI Claudia	SEGUI LO ZIO	SUI	F	1980	CLARO	49:42.1	+ 5:39.5
163	INDERBITZIN Nathalie	RC BELLINZONA	SUI	F	1975	PURA	49:54.7	+ 5:52.1
159	LOMBARDI Nadia		SUI	F	1979	LUGANO	50:49.3	+ 6:46.7
165	GIGER Conny		SUI	F	1977	BIGORIO	50:55.4	+ 6:52.8
147	BARISON VERGANI Sabrina	SAL LUGANO	SUI	F	1975	PREGASSONA	51:12.9	+ 7:10.3
162	LOBODINA Elena		KNA	F	1974	PARADISO	52:45.5	+ 8:42.9
153	SCHLUCHTER-ZAMPINI Barbara		SUI	F	1979	MONTAGNOLA	53:24.0	+ 9:21.4
161	SZYSZKA Patrycja Justyna		POL	F	1983	SPREITENBACH	53:32.7	+ 9:30.1
148	SIDOLI Roberta	SAL LUGANO	SUI	F	1979	LUGANO	53:45.4	+ 9:42.8
149	RUSCONI Martina		SUI	F	1977	TREMONA	55:06.7	+ 11:04.1
188	BOTTONI Paola		SUI	F	1974	BREGANZONA	55:15.4	+ 11:12.8
141	STOPPA Michaela		SUI	F	1975	MELIDE	55:54.4	+ 11:51.8
167	SOLCÀ Laura		SUI	F	1978	S. ANTONINO	56:25.5	+ 12:22.9
192	CASULA Jennifer		ITA	F	1982		58:23.8	+ 14:21.2
158	FERNANDEZ Ro	BRADIPI DEL GAZZIROLA	SUI	F	1974	TESSERETE	1:00:49.7	+ 16:47.1
160	IMARK Mélanie		SUI	F	1979	SION	1:05:05.8	+ 21:03.2

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
F50 (17)								
187	BERNHARD Esther		SUI	F	1965	SCHLIEREN	47:10.7	-
181	BINDA Beatrice		SUI	F	1964	MERIDE	53:01.2	+ 5:50.5
194	BAETTIG Petra		SUI	F	1961		53:07.2	+ 5:56.5
179	LALOLI Fabienne		SUI	F	1971	MURALTO	54:26.0	+ 7:15.3
182	KOWALCZYK Gosia		SUI	F	1973	FREIENBACH	55:10.8	+ 8:00.1
176	ANDREETTA Liala	DOG TRAIL CANI CROSS TICINO	SUI	F	1961	BELLINZONA	55:23.7	+ 8:13.0
190	WELLAUER Rita		SUI	F	1973		55:24.1	+ 8:13.4
186	ISENBURG Silla	GIANNI GODI SA	SUI	F	1966	CADEMPINO	55:40.5	+ 8:29.8
171	PAVAN Maria		SUI	F	1970	LUGANO	55:46.8	+ 8:36.1
180	JERMINI-GIANINAZZI Ilaria		SUI	F	1973	OGGIO	56:59.7	+ 9:49.0
669	BALLINA GIUDICI Giancarla	MOMORIVI	SUI	F	1961	ARZO	58:21.0	+ 11:10.3
173	GALASSO Wally	ENDORFINA	SUI	F	1970	BOMBINASCO	59:12.2	+ 12:01.5
172	MALLI-DADÒ Barbara	MÖVAT	SUI	F	1970	CEVIO	59:28.7	+ 12:18.0
183	MAZZI Manuela		SUI	F	1968	PALAGNEDRA	1:01:37.8	+ 14:27.1
184	FIORE Simonetta	FLOWERPOWER	SUI	F	1961	MORBIO INFERIORE	1:05:05.6	+ 17:54.9
175	BRUNNER Karin		SUI	F	1970	SARGANS	1:05:41.1	+ 18:30.4
174	SAXER Doris		SUI	F	1970	FRÜMSEN	1:05:41.3	+ 18:30.6

Ladies Run Ticino

SC Marketing Consult SA · Domenica, 14 maggio 2023

Risultati - Classic - 5K - Start 11:05 · 5 pagine

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
U20 (24)								
515	LOBSIGER Giada	TRIUNION	SUI	F	2010	CAMORINO	20:54.40	-
503	BERNARDONI Gloria	TRIUNION	SUI	F	2012	COMANO	20:54.41	+ 0.01
514	LOBSIGER Ambra	TRIUNION	SUI	F	2010	CAMORINO	20:54.43	+ 0.03
501	ORSO Jessica	TRIUNION	SUI	F	2011	CAMIGNOLO	20:54.50	+ 0.10
512	LALOLI Chloé	USA ASCONA	SUI	F	2007	GORDOLA	22:04.49	+ 1:10.09
516	GARDNER Lila Ava	TRIUNION	GBR	F	2008	ORIGLIO	24:10.84	+ 3:16.44
510	SPINEDI Alessia	TRIUNION	SUI	F	2008	MEZZOVICO	24:11.36	+ 3:16.96
502	GEMPERLE Nina	TRI TEAM TICINO	SUI	F	2015	S. VITTORE	25:38.45	+ 4:44.05
508	BUCHSER Nathalie	TRIUNION	SUI	F	2008	TENERO	25:48.16	+ 4:53.76
509	MANFRÈ Greta	-	SUI	F	2010	ANZONICO	26:03.53	+ 5:09.13
518	PFYFFER Mia	CLINICA SANT'ANNA	SUI	F	2007	AGNO	26:19.06	+ 5:24.66
505	LUSINI Sofia		SUI	F	2006	TESSERETE	28:52.12	+ 7:57.72
506	GERBER Lea	LUGANO AQUATICS	SUI	F	2009	CANOBBIO	28:58.59	+ 8:04.19
517	CRISTIANO Noemi		SUI	F	2010	PONTE TRESA	31:38.20	+ 10:43.80
522	DISTASO Elisabetta		ITA	F	2006	CREMIA	31:58.78	+ 11:04.38
521	DISTASO Aurora		ITA	F	2006	CREMIA	31:59.29	+ 11:04.89
690	RICCI Beatrice		SUI	F	2011	LUGANO	36:14.82	+ 15:20.42
507	PABLÉ Emily		SUI	F	2004	BARBENGO	36:32.82	+ 15:38.42
519	COLOMBO Emma	CLINICA SANT'ANNA	ITA	F	2007	GRIANTE	36:33.01	+ 15:38.61
520	MANZI Viola	CLINICA SANT'ANNA	ITA	F	2008	CADORAGO	39:10.84	+ 18:16.44
688	FERRARETTI Alice		SUI	F	2011	ALDESAGO	42:56.76	+ 22:02.36
706	GAGGIONI Morena		SUI	F	2009	IRAGNA	45:17.15	+ 24:22.75
691	CHERUBINI Sofia		ITA	F	2011	LEGNANO	50:12.38	+ 29:17.98
DNF - Ritirati (1)								
513	FRESTA Alyson		SUI	F	2008	GORDOLA	Ritirato	
F (62)								
705	OEHEN Jessica		SUI	F	1990	LUMINO	22:21.70	-
534	CANEVA Marina		SUI	F	1986	MEDEGLIA	22:47.59	+ 25.89
579	GAROBIO Sofia		SUI	F	2001	MENDRISIO	22:56.97	+ 35.27
570	FARINELLI Tamara	TRIATHLON TEAM TICINO	SUI	F	1996	TERNERO	23:51.76	+ 1:30.06
565	LOMBARDI Annesa		SUI	F	2001	BREGANZONA	24:46.26	+ 2:24.56
587	BOZ Giovanna		ITA	F	1989	LUGANO	24:52.19	+ 2:30.49
527	RIVERA Siria	CLUB CANOTTIERI LUGANO	SUI	F	2002	S. PIETRO	25:17.01	+ 2:55.31
554	MAFFI Ylenia		SUI	F	1984	RANCATE	25:44.59	+ 3:22.89
555	SETTEMBRINO Elena		ITA	F	1984	MONTANO LUCINO	25:50.15	+ 3:28.45

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F (segunte)								
561	LOPEZ Carolina		SUI	F	1989	VIGANELLO	26:04.91	+ 3:43.21
543	PABLÉ Miriam		SUI	F	1999	ZUG	26:13.77	+ 3:52.07
580	CERUTTI Alice	USA ASCONA	SUI	F	2001	GOLINO	26:16.91	+ 3:55.21
557	ROJO-KRATOCHVIL Sofia		SUI	F	2002	SORENGO	26:17.64	+ 3:55.94
533	CANEVA Alice		SUI	F	1993	BERN	26:29.15	+ 4:07.45
532	FILIPPINI Agata		SUI	F	2002	VAGLIO	27:01.33	+ 4:39.63
572	POZZI Jamila		SUI	F	1997	RODI-FIESSO	27:17.15	+ 4:55.45
547	SAI Alice		SUI	F	1991	LUGANO	27:18.53	+ 4:56.83
559	NESSI Valentina		SUI	F	1987	COMANO	27:23.92	+ 5:02.22
560	JAQUEMET Fabienne		SUI	F	1989	STETTLEN	27:26.88	+ 5:05.18
529	PEDRIOLI Sara	SARA	SUI	F	1990	BELLINZONA	27:38.06	+ 5:16.36
535	BABASKINA Ganna		UKR	F	1984	BREGANZONA	27:41.78	+ 5:20.08
539	SCIOSCIA Arianna		SUI	F	1988	TAVERNE	29:22.84	+ 7:01.14
553	CASIRAGHI Valentina		SUI	F	1990	RANCATE	29:46.43	+ 7:24.73
538	MORA Alessandra		SUI	F	1984	CASSINA D'AGNO	29:49.96	+ 7:28.26
576	SZANKAI Zsuzsanna		HUN	F	1989	SUHR	29:55.50	+ 7:33.80
571	PHAM Thi Thai Hien		SUI	F	1989	AARAU	29:55.68	+ 7:33.98
685	MILOSAVIJEVIC Brankica		SUI	F	1993	LUGANO	30:02.53	+ 7:40.83
583	VIGANI Nathaly	Allianz Suisse	SUI	F	1990	CADRO	30:07.50	+ 7:45.80
582	TABELLINI Johana	Allianz Suisse	SUI	F	1989	CASSARATE	30:12.63	+ 7:50.93
586	MOCCHI Luana	ESL-Soggiorni linguistici	SUI	F	1990	AGNO	30:21.35	+ 7:59.65
550	SAVOLDO Francesca		SUI	F	1987	SORENGO	30:22.47	+ 8:00.77
584	SCHAUMAN DIETRICH Karina Maria	ESL-Soggiorni linguistici	SUI	F	1984	LUGANO	30:34.07	+ 8:12.37
524	REBAI Giulia		SUI	F	1995	PREGASSONA	30:47.55	+ 8:25.85
525	BEDOGNETTI Nicol		ITA	F	1985	PREGASSONA	30:51.04	+ 8:29.34
588	SIMONE Claudia		SUI	F	1987	AGNO	31:04.92	+ 8:43.22
552	BASTIDA CABRERA Africa		SUI	F	1999	LUGANO	31:36.26	+ 9:14.56
574	VON GUNTEN Claudia		SUI	F	1986	PONTE CAPRIASCA	31:50.60	+ 9:28.90
537	CEPPI Ilaria		ITA	F	1990	COMO	32:18.36	+ 9:56.66
536	NYZHNYK Hanna		UKR	F	2002	BELLINZONA	32:32.67	+ 10:10.97
567	DECRISTOPHORIS Lia		SUI	F	1990	LUMINO	32:44.55	+ 10:22.85
523	DECRISTOPHORIS Elisa		SUI	F	1987	LUMINO	32:44.67	+ 10:22.97
544	PETOLETTI Charlotte		SUI	F	1993	DANGIO-TORRE	33:34.62	+ 11:12.92
545	AMBROSINI Aline		SUI	F	2003	LOSONE	33:41.86	+ 11:20.16
578	DUCOMMUN Elsa Maria		SUI	F	1989	LUGANO	33:43.31	+ 11:21.61
569	FITZGERALD Katie		USA	F	2003	SORENGO	33:46.03	+ 11:24.33
577	LEPIERE Nadia	N/A	USA	F	2003	SORENGO	33:46.27	+ 11:24.57
526	HOFBAUER Serena		SUI	F	1990	PONTE CAPRIASCA	33:50.13	+ 11:28.43
546	MANTILLA Isabel			F	1995	MORBIO INFERIORE	33:52.85	+ 11:31.15
548	LENAZZI Melany		SUI	F	1994	COLDRERIO	33:52.95	+ 11:31.25
558	GAFFURI Sandra		SUI	F	1992	COLDRERIO	34:00.14	+ 11:38.44

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F (segunte)								
575	DI GIROLAMO Deborah		SUI	F	1992	VACALLO	34:00.24	+ 11:38.54
564	LUCCHINI Nadia		SUI	F	1994	DIETIKON	34:01.57	+ 11:39.87
563	CARVALHO Andreia		SUI	F	1994	DIETIKON	34:01.81	+ 11:40.11
541	ORZEL Justyna		POL	F	1986	GENÈVE	34:14.63	+ 11:52.93
530	ROVELLI Luana		SUI	F	1985	GIUBIASCO	34:37.17	+ 12:15.47
540	TSULYGINA Alika		RUS	F	2002	LUGANO	34:40.71	+ 12:19.01
581	PROCACCINI Giada		SUI	F	1985	MONTEGGIO	35:50.14	+ 13:28.44
556	RUGGERI Sharon		SUI	F	1990	GORDOLA	36:25.93	+ 14:04.23
549	TOSETTI Manuela		SUI	F	1989	MEZZOVICO	36:35.70	+ 14:14.00
568	ZAHM Jessica		SUI	F	1991	WINTERTHUR	38:55.60	+ 16:33.90
585	TONAS Sharon	ESL-Soggiorni linguistici	SUI	F	1984	AGNO	39:01.06	+ 16:39.36
531	BENINCASA Antonietta Jessica		SUI	F	1988	SEMENTINA	41:28.11	+ 19:06.41
F40 (47)								
622	CONZA Lisa	SAM MASSAGNO	SUI	F	1983	RIVERA	21:59.59	-
666	GARBELY Regula	RC BELLINZONA	SUI	F	1976	BELLINZONA	22:20.21	+ 20.62
595	LEONARDI Susy	SOCIETÀ GINNASTICA MONTAGNA	SUI	F	1975	ARZO	24:44.08	+ 2:44.49
600	ASPESI Alexa	SOCIETÀ GINNASTICA ARZO	SUI	F	1975	ARZO	25:02.47	+ 3:02.88
621	PASINELLI LOBSIGER Patrizia		SUI	F	1975	CAMORINO	25:45.72	+ 3:46.13
620	AKAVAN Aris		SUI	F	1977	TAVERNE	26:04.54	+ 4:04.95
616	JARDINI CROCI TORTI Nora		SUI	F	1978	ARZO	26:05.80	+ 4:06.21
599	EICHMANN Brigitte		SUI	F	1980	SEEWEN	26:07.94	+ 4:08.35
623	TERZIC Eva		SUI	F	1982	LAMONE	26:12.34	+ 4:12.75
610	MANFRÈ Lorena	-	SUI	F	1983	ANZONICO	26:13.82	+ 4:14.23
635	FRANCO Daniela	CLINICA SANT'ANNA	SUI	F	1980	CANOBBIO	26:21.88	+ 4:22.29
632	CARMINATI Eleonora	CLINICA SANT'ANNA	ITA	F	1974	APPIANO GENTILE (CO)	26:31.70	+ 4:32.11
624	LOCATELLI Romina		SUI	F	1975	SIGIRINO	26:51.09	+ 4:51.50
604	BARTIROMO Geltrude		ITA	F	1980	PARADISO	26:59.01	+ 4:59.42
618	FRESTA-SCHLUB Melody		SUI	F	1976	GORDOLA	27:15.27	+ 5:15.68
602	CUOCO Simona		ITA	F	1977	PARADISO	27:33.16	+ 5:33.57
590	ROSSINELLI VARISCO Veronica	CLINICA SANT'ANNA	SUI	F	1977	RIVA SAN VITALE	27:59.15	+ 5:59.56
612	CAVAGLIERI Claire	TRI TEAM TICINO	SUI	F	1974	AGARONE	28:20.67	+ 6:21.08
593	PURMALE Dace		LAT	F	1981	LUGANO	28:28.94	+ 6:29.35
601	WILTSHIRE Nathalie		SUI	F	1975	GUDDO	28:42.56	+ 6:42.97
617	COLOMBEROTTO Katia		SUI	F	1975	MENDRISIO	28:54.09	+ 6:54.50
629	CRISTINELLI Savina		SUI	F	1982	LIGORNETTO	29:12.28	+ 7:12.69
597	BUCK Valentina		SUI	F	1981	ZURIGO	29:17.71	+ 7:18.12
707	PASIC Sena		SUI	F	1981	CAMORINO	29:18.25	+ 7:18.66
608	DUCA Wanda		SUI	F	1980	ASCONA	29:18.30	+ 7:18.71
633	COLOMBO Valentina	CLINICA SANT'ANNA	ITA	F	1974	GRIANTE	29:25.10	+ 7:25.51
708	DEVOTI Silvia		ITA	F	1983	LUGANO	29:25.45	+ 7:25.86

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F40 (segunte)								
603	AULINGER Daniela	SVKT FRAUENSPOORTVEREIN HOCHWACHT ZUG	SUI	F	1978	ZUG	29:27.58	+ 7:27.99
619	GIANINAZZI Pamela		SUI	F	1981	RANCATE	29:27.84	+ 7:28.25
605	GHISONI Sara		ITA	F	1982	ZUG	29:28.21	+ 7:28.62
631	TETTAMANTI-HERMANN Priska	ESL-Soggiorni linguistici	SUI	F	1974	VERNATE	30:21.32	+ 8:21.73
589	BERNASCONI Diana		SUI	F	1978	BRÈ SOPRA LUGANO	30:51.09	+ 8:51.50
627	HAGEN Leonie		GER	F	1982	MASSAGNO	30:56.76	+ 8:57.17
625	CRISTIANO Alessandra		SUI	F	1976	PONTE TRESA	31:38.08	+ 9:38.49
626	PLOCHOCKA Ula		POL	F	1980	TAVERNE	31:42.47	+ 9:42.88
614	CARIA Sara		ITA	F	1978	TENERO	31:42.56	+ 9:42.97
596	BONETTI-REINA Laura		SUI	F	1975	PORZA	32:18.68	+ 10:19.09
683	CALDER-MCLAREN Amanda		GBR	F	1983	LUGANO	33:16.85	+ 11:17.26
591	MANINI Gisella		SUI	F	1974	LIGORNETTO	33:50.23	+ 11:50.64
609	DENDENA Kristina	YOMATIME	HUN	F	1980	ARBEDO	34:06.87	+ 12:07.28
613	DIOGUARDI Lucia		SUI	F	1978	GUDO	36:25.93	+ 14:26.34
689	PACCAGNELLA Claudia		SUI	F	1978	LUGANO	36:45.62	+ 14:46.03
615	CANONICA Anissa		SUI	F	1975	VAGLIO	36:47.63	+ 14:48.04
634	LUVIÉ Simona	CLINICA SANT'ANNA	ITA	F	1975	CADORAGO	37:00.97	+ 15:01.38
630	TOSSUT Lilla	ESL-Soggiorni linguistici	SUI	F	1977	AGNO	39:01.37	+ 17:01.78
606	ROBERTINI SIMONELLI Sara		SUI	F	1978	COMO	45:19.56	+ 23:19.97
701	SPRENGER Myriam		ITA	F	1974	LEGNANO	50:13.22	+ 28:13.63
F50 (44)								
649	BERNASCONI Eva	BRADIPI DEL GAZZIROLA	SUI	F	1973	SAVOSA	23:36.04	-
668	LOMBARDI Nathalie		SUI	F	1973	BREGANZONA	24:45.91	+ 1:09.87
677	RUSCA Patrizia	USC	SUI	F	1960	COMANO	26:06.63	+ 2:30.59
703	BADER Renate	TEAM FIT SPORT	SUI	F	1970	BREMGARTEN AG	26:22.38	+ 2:46.34
646	PAULILLO Angela	-	ITA	F	1968	VIGANELLO	26:29.59	+ 2:53.55
638	ROBBIANI Valeria		SUI	F	1972	S. PIETRO	26:37.33	+ 3:01.29
566	GAMBONI Emma	MÖVAT	SUI	F	1962	BREGANZONA	26:48.86	+ 3:12.82
673	TIMBAL Amalfi		SUI	F	1972	TESSERETE	27:07.70	+ 3:31.66
684	BERINI Maruska		SUI	F	1966	CAMORINO	27:27.74	+ 3:51.70
704	BIANCHI Nicla	RUNNING BLENIO	SUI	F	1964	OLIVONE	27:50.22	+ 4:14.18
640	WALZER Melanie		SUI	F	1971	STABIO	28:16.80	+ 4:40.76
652	MELLE Mirella		ITA	F	1964	PREGASSONA	28:19.47	+ 4:43.43
655	LUSINI Nicla		SUI	F	1971	TESSERETE	28:52.24	+ 5:16.20
658	BOURQUIN Alessandra		SUI	F	1972	CANOBBIO	28:58.80	+ 5:22.76
686	PARRAVICINI-SANGIORGIO Rita		SUI	F	1966	CORTEGLIA	30:02.55	+ 6:26.51
679	PFYFFER Michela	CLINICA SANT'ANNA	SUI	F	1972	AGNO	30:07.61	+ 6:31.57
664	GOBAT Marie-Claude		SUI	F	1953	COURENDLIN	30:54.38	+ 7:18.34
662	RAMELLI Michelle		SUI	F	1970	PREONZO	31:05.18	+ 7:29.14
178	CAMPONOVO Silvia		SUI	F	1966	PORZA	31:10.29	+ 7:34.25

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
F50 (seguente)								
656	CORTELLEZZI Patrizia	GOLD SAVOSA	SUI	F	1969	VEZIA	31:42.51	+ 8:06.47
636	BOTTANI FARINELLI Lorenza	TRI TEAM TICINO	SUI	F	1964	CAMORINO	31:51.75	+ 8:15.71
680	ZONI Sofia	CLINICA SANT'ANNA	SUI	F	1964	PREGASSONA	31:52.94	+ 8:16.90
678	DONZELLI Roberta	CLINICA SANT'ANNA	ITA	F	1971	VERNATE	32:04.05	+ 8:28.01
650	LEONFORTE Béatrice		SUI	F	1964	CASLANO	32:10.38	+ 8:34.34
643	GROSSI Marika		SUI	F	1973	CASTEL SAN PIETRO	32:13.01	+ 8:36.97
637	BENEDETTELLI Giovanna		ITA	F	1969	LUGANO	32:26.37	+ 8:50.33
645	ZARDI Clelia		SUI	F	1967	BREGANZONA	32:46.76	+ 9:10.72
644	MORESI Georgina		SUI	F	1969	TESSERETE	32:56.70	+ 9:20.66
651	AMBROSINI Martina		SUI	F	1968	LOSONE	33:42.05	+ 10:06.01
648	MARTELLI PISCHEDDA Antonella		SUI	F	1965	GENESTRERIO	33:53.06	+ 10:17.02
642	CREUSO RUPIL Carla		SUI	F	1966	PONTE CAPRIASCA	34:02.56	+ 10:26.52
674	DI GIUSTO Manuela		SUI	F	1969	SORENGO	34:09.31	+ 10:33.27
639	BEAUSOLEIL Mara		SUI	F	1966	LUGANO	34:13.24	+ 10:37.20
657	COLOGNATO Cristina		ITA	F	1973	SORENGO	34:25.45	+ 10:49.41
672	PALADINES Elba		SUI	F	1953	WINTERTHUR	35:19.88	+ 11:43.84
667	TALMON-GROS Christine		SUI	F	1973	DAVESCO-SORAGNO	37:01.69	+ 13:25.65
654	CEFIS Mery		SUI	F	1966	BIASCA	40:24.34	+ 16:48.30
660	DE JESUS DEMICHELI Jussara Maria		SUI	F	1965	LUGANO	42:38.54	+ 19:02.50
687	MANZIONE Simona		SUI	F	1970	ALDESAGO	42:56.80	+ 19:20.76
659	BASERGA Irene	NESSUNA	SUI	F	1973	MORBIO INFERIORE	45:18.18	+ 21:42.14
661	ZULLO Dolores		SUI	F	1964	MENDRISIO	45:19.54	+ 21:43.50
647	MOLINARI Elena		ITA	F	1964	PREGASSONA	47:08.88	+ 23:32.84
653	GAGGIONI Morena		SUI	F	1966	IRAGNA	47:11.23	+ 23:35.19
DNF - Ritirati (1)								
702	KUDRUK Svetlana		RUS	F	1971	AROSIO	Ritirato	

Ladies Run Ticino

SC Marketing Consult SA · Domenica, 14 maggio 2023

Risultati - Sprint - 2.5K - Start 11:00 · 2 pagine

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
BAMBINE (15)								
303	CONFORTINI Lea	SOCIETÀ ATLETICA BELLINZONA	SUI	F	2012	CASTIONE	11:36.69	-
305	VUCIC Maja		SUI	F	2012	TESSERETE	11:45.53	+ 8.84
309	VALSESIA Ylenia		SUI	F	2013	ROVIO	11:47.24	+ 10.55
310	VALSESIA Alisha		SUI	F	2015	ROVIO	12:56.22	+ 1:19.53
304	URIAN Isabel	VOLLEY LUGANO	SUI	F	2012	LUGANO	13:24.90	+ 1:48.21
308	WEISSENBERGER Lina		SUI	F	2013	GOLDSWIL	14:21.76	+ 2:45.07
307	BURKART Jana		SUI	F	2016	RINGGENBERG BE	15:30.63	+ 3:53.94
306	VUCIC Lisa		SUI	F	2016	TESSERETE	15:33.18	+ 3:56.49
350	KNOTT Olivia		SUI	F	2014		15:59.59	+ 4:22.90
301	BELLOTTI Lee	TRIATHLON CAPRIASCA	SUI	F	2013	RIVERA	16:10.45	+ 4:33.76
358	SCOTTO DI LUZIO Creta		ITA	F	2019	PORZA	16:59.41	+ 5:22.72
355	STEINMANN Elisabetta		SUI	F	2015	MONTE CARASSO	17:13.40	+ 5:36.71
356	GIULIANI Tania		SUI	F	2016	MONTAGNOLA	17:13.49	+ 5:36.80
349	DULSAT Maila		SUI	F	2017	LAMONE-CADEMPINO	20:00.79	+ 8:24.10
302	MANDRUZZATO Margherita		SUI	F	2012	LUGANO	20:42.63	+ 9:05.94
U20 (7)								
345	PERONI Elisa	SAB BELLINZONA	SUI	F	2011	CASTIONE	11:29.45	-
347	MILETIC Elena		SUI	F	2011	MASSAGNO	13:41.97	+ 2:12.52
351	KNOTT Gia		SUI	F	2011		14:22.19	+ 2:52.74
344	PANASENKO Yulia		RUS	F	2011	LUGANO	14:29.45	+ 3:00.00
346	STELLA Celeste		SUI	F	2011	BREGANZONA	16:43.56	+ 5:14.11
359	BADARACCO Isabella		SUI	F	2011	MONTAGNOLA	17:02.34	+ 5:32.89
343	VUCIC Noemi		SUI	F	2010	TESSERETE	17:53.55	+ 6:24.10
F (9)								
319	ZANNONI Veronica		SUI	F	1991	LUGANO	13:54.65	-
312	GROSSI Emily		SUI	F	2001	CASTEL SAN PIETRO	14:58.75	+ 1:04.10
315	FERRANTE Laura		ITA	F	1988	GIUBIASCO	15:49.05	+ 1:54.40
318	ACHILLI Linda		ITA	F	1986	MASSAGNO	16:47.20	+ 2:52.55
357	CAPPELLARI Martina		SUI	F	1992	TESSERETE	17:07.33	+ 3:12.68

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
F (seguinte)								
313	STELLA Céline		SUI	F	1991	BREGANZONA	17:11.24	+ 3:16.59
317	LUGHI Giorgia		SUI	F	1995	MONTEGGIO	18:16.89	+ 4:22.24
316	PESIC Natalia		SUI	F	1996	MONTEGGIO	18:18.23	+ 4:23.58
314	GIANFERRARI Elisa		SUI	F	1991	MAGLIASO	20:41.29	+ 6:46.64
F40 (18)								
330	ZAMBELLI-PERONI Anna		SUI	F	1974	CASTIONE	13:04.21	-
328	MONTAGNA Maria		SUI	F	1982	LUGANO	13:22.87	+ 18.66
333	VALSESIA Dajana	-	SUI	F	1982	ROVIO	13:28.87	+ 24.66
324	LOBODINA Elena		KNA	F	1974	PARADISO	14:29.19	+ 1:24.98
327	CONFORTINI Paola		SUI	F	1978	CASTIONE	15:10.92	+ 2:06.71
326	BIGGER Elena		SUI	F	1979	CASTIONE	15:10.98	+ 2:06.77
331	BURKART Jacqueline		SUI	F	1982	RINGGENBERG BE	15:31.12	+ 2:26.91
329	VUCIC-CELANT Elena		SUI	F	1979	TESSERETE	15:59.38	+ 2:55.17
352	REGNANI Gabriella		SUI	F	1981	MONTAGNOLA	16:08.52	+ 3:04.31
321	SAGMEISTER Andrea		SUI	F	1983	AGNO	17:06.63	+ 4:02.42
594	TREVISAN Roberta	RC BELLINZONA	SUI	F	1974	MONTE CARASSO	17:13.42	+ 4:09.21
332	NÄF Miriam		SUI	F	1982	GOLDSWIL	17:20.83	+ 4:16.62
320	MASSARO Manuela		SUI	F	1975	BREGANZONA	17:53.76	+ 4:49.55
334	MILETIC Milena		SUI	F	1983	LUGANO	19:36.98	+ 6:32.77
348	FERRETTI Simona		SUI	F	1977	LAMONE-CADEMPINO	20:14.55	+ 7:10.34
323	CONSONNI Letizia		SUI	F	1983	BISSONE	20:41.01	+ 7:36.80
322	LONATI Mara		SUI	F	1974	LUGANO	20:42.47	+ 7:38.26
361	MEDOLAGO Nadine		SUI	F	1977	BISSONE	25:01.46	+ 11:57.25
F50 (9)								
342	BIANCHI Ornella	Allianz Suisse	SUI	F	1966	MESOCCO	16:44.85	-
341	ALBERTI Rosalinda	Allianz Suisse	SUI	F	1962	MEZZOVICO	16:45.11	+ 0.26
641	MARTINELLO Sonia	MAGNAGATI	SUI	F	1972	MONTAGNOLA	17:13.40	+ 28.55
335	BADER Angela		SUI	F	1948	LUGANO	17:53.39	+ 1:08.54
354	BRAGAGNOLO Mariangela		SUI	F	1962		21:37.78	+ 4:52.93
353	ROMANO Daniela		SUI	F	1973	CHIASSO	21:41.04	+ 4:56.19
360	MEDOLAGO Elena		SUI	F	1947	MAROGGIA	25:01.57	+ 8:16.72
337	CELANT Francisca		SUI	F	1951	TESSERETE	25:13.10	+ 8:28.25
340	TAVASCI Carla		SUI	F	1966	S. VITTORE	1:10:13.49	+ 53:28.64

Ladies Run Ticino

SC Marketing Consult SA · Domenica, 14 maggio 2023

Risultati - Power - 10K - Start 9:30 · 3 pagine

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
195	BRUNNER Philine	USA ASCONA	SUI	F	1990		36:13.52	-
128	STEPANOVA Natalya		ITA	F	1984	LUGANO	43:40.43	+ 7:26.91
151	GADONI Valeria	NEWLINER STUDIO	SUI	F	1981	CADEMPINO	44:02.65	+ 7:49.13
156	RIZZI Daniela		SUI	F	1980	SAVOSA	44:34.69	+ 8:21.17
121	PHAM-DI CASOLA Diep		VIE	F	1984	BIRONICO	44:53.84	+ 8:40.32
193	GALATI Evelina	ATLETICA PIDAGGIA15.28	ITA	F	1982		46:20.53	+ 10:07.01
145	BACILE Jana	RC BELLINZONA	GER	F	1975	CABBIOLO	46:49.17	+ 10:35.65
187	BERNHARD Esther		SUI	F	1965	SCHLIEREN	47:10.76	+ 10:57.24
144	CASATI Barbara		SUI	F	1979	VILLA LUGANESE	47:46.13	+ 11:32.61
132	KOWALCZYK Paulina		POL	F	1994	FREIENBACH	47:49.83	+ 11:36.31
169	REGNANI Gabriella		ITA	F	1981	MONTAGNOLA	47:52.85	+ 11:39.33
109	BELLANCA Arianna		SUI	F	1989	MASSAGNO	48:15.31	+ 12:01.79
166	MOROTTI Monica		SUI	F	1979	AGNO	49:02.19	+ 12:48.67
196	SARTORELLI Nicole		SUI	F	1989		49:04.88	+ 12:51.36
125	GIUDICI Sofia		SUI	F	2000	ARZO	49:32.86	+ 13:19.34
155	BOLIS Moira	SEGUI LO ZIO	SUI	F	1979	ARBEDO	49:42.19	+ 13:28.67
154	ROBOTTI Claudia	SEGUI LO ZIO	SUI	F	1980	CLARO	49:42.19	+ 13:28.67
163	INDERBITZIN Nathalie	RC BELLINZONA	SUI	F	1975	PURA	49:54.78	+ 13:41.26
129	DADÒ Céline		SUI	F	1988	AVEGNO	50:19.79	+ 14:06.27
118	REICHT Sabine		AUT	F	1984	OFELDEN	50:27.34	+ 14:13.82
159	LOMBARDI Nadia		SUI	F	1979	LUGANO	50:49.32	+ 14:35.80
165	GIGER Conny		SUI	F	1977	BIGORIO	50:55.48	+ 14:41.96
147	BARISON VERGANI Sabrina	SAL LUGANO	SUI	F	1975	PREGASSONA	51:12.92	+ 14:59.40
104	ANGELINETTA Laura		ITA	F	1994	RIVA SAN VITALE	51:40.39	+ 15:26.87
138	BONIOTTO Stefania	ESL-Soggiorni linguistici	ITA	F	1989	LAVENA PONTE TRESA	51:42.47	+ 15:28.95
112	SANTAMBROGIO Laura		SUI	F	1985	MONTEGGIO	51:46.00	+ 15:32.48
130	BINDA Laura		SUI	F	1994	CASTEL SAN PIETRO	51:51.40	+ 15:37.88
101	JERMINI Matilde		SUI	F	2005	OGGIO	52:44.05	+ 16:30.53
162	LOBODINA Elena		KNA	F	1974	PARADISO	52:45.57	+ 16:32.05
131	FARINELLI Tamara	TRIATHLON TEAM TICINO	SUI	F	1996	TERNERO	52:52.65	+ 16:39.13
181	BINDA Beatrice		SUI	F	1964	MERIDE	53:01.28	+ 16:47.76
194	BAETTIG Petra		SUI	F	1961		53:07.25	+ 16:53.73
153	SCHLUCHTER-ZAMPINI Barbara		SUI	F	1979	MONTAGNOLA	53:24.05	+ 17:10.53

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
161	SZYSZKA Patrycja Justyna		POL	F	1983	SPREITENBACH	53:32.70	+ 17:19.18
148	SIDOLI Roberta	SAL LUGANO	SUI	F	1979	LUGANO	53:45.48	+ 17:31.96
120	FANCONI Cinzia		SUI	F	1989	LOSONE	54:05.77	+ 17:52.25
119	GONZALEZ Lucia		SUI	F	1987	LOSONE	54:05.87	+ 17:52.35
179	LALOLI Fabienne		SUI	F	1971	MURALTO	54:26.07	+ 18:12.55
135	BIANCHI Melanie	Allianz Suisse	SUI	F	1994	MESOCOCCO	55:01.74	+ 18:48.22
139	PROSPERO Naomi		SUI	F	1986	BRENO	55:02.89	+ 18:49.37
136	BORELLA Isabella	Allianz Suisse	SUI	F	1994	CASTEL SAN PIETRO	55:03.66	+ 18:50.14
149	RUSCONI Martina		SUI	F	1977	TREMONA	55:06.74	+ 18:53.22
182	KOWALCZYK Gosia		SUI	F	1973	FREIENBACH	55:10.86	+ 18:57.34
188	BOTTONI Paola		SUI	F	1974	BREGANZONA	55:15.43	+ 19:01.91
176	ANDREETTA Liala	DOG TRAIL CANI CROSS TICINO	SUI	F	1961	BELLINZONA	55:23.70	+ 19:10.18
189	ENGEL Kira		GER	F	2004		55:24.06	+ 19:10.54
190	WELLAUER Rita		SUI	F	1973		55:24.15	+ 19:10.63
133	ANTONINI Roberta		ITA	F	1987	CLAINO CON OSTENO	55:36.57	+ 19:23.05
186	ISENBURG Silla	GIANNI GODI SA	SUI	F	1966	CADEMPINO	55:40.58	+ 19:27.06
171	PAVAN Maria		SUI	F	1970	LUGANO	55:46.88	+ 19:33.36
141	STOPPA Michaela		SUI	F	1975	MELIDE	55:54.45	+ 19:40.93
117	BENALI Eman		LBA	F	1985	FIGINO	56:06.15	+ 19:52.63
124	PETRALLI Giorgia		SUI	F	1996	VIGANELLO	56:07.56	+ 19:54.04
167	SOLCÀ Laura		SUI	F	1978	S. ANTONINO	56:25.53	+ 20:12.01
126	BARLASCINI Valentina		ITA	F	1992	S. ANTONINO	56:27.78	+ 20:14.26
127	PAGELLA Susanna		ITA	F	1987	COMO	56:27.90	+ 20:14.38
110	BARONI Giorgia		SUI	F	1989	GIUBIASCO	56:53.49	+ 20:39.97
180	JERMINI-GIANINAZZI Ilaria		SUI	F	1973	OGGIO	56:59.73	+ 20:46.21
108	RIMSKA Edita		SVK	F	1984	TESSERETE	57:47.33	+ 21:33.81
669	BALLINA GIUDICI Giancarla	MOMORIVI	SUI	F	1961	ARZO	58:21.09	+ 22:07.57
192	CASULA Jennifer		ITA	F	1982		58:23.85	+ 22:10.33
134	DE CRESCENZO Benedetta		SUI	F	1993	TESSERETE	58:23.96	+ 22:10.44
137	GARRIDO Sara	ESL-Soggiorni linguistici	SUI	F	1997	BIRONICO	58:28.49	+ 22:14.97
113	BERNASCONI Federica		SUI	F	1991	BELLINZONA	59:00.13	+ 22:46.61
111	BERNHARD Chiara	TEAM AMÉLIE SOLE	SUI	F	1986	CAMORINO	59:07.86	+ 22:54.34
173	GALASSO Wally	ENDORFINA	SUI	F	1970	BOMBINASCO	59:12.22	+ 22:58.70
172	MALLI-DADÒ Barbara	MÖVAT	SUI	F	1970	CEVIO	59:28.75	+ 23:15.23
107	DAVID Emmanuelle		FRA	F	1985	MASSAGNO	59:29.66	+ 23:16.14
123	NARDI Daniela		SUI	F	1986	PAZZALLO	59:49.35	+ 23:35.83
105	BALERNA Simona		SUI	F	1985	MONTE CARASSO	1:00:33.08	+ 24:19.56

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
158	FERNANDEZ Ro	BRADIPI DEL GAZZIROLA	SUI	F	1974	TESSERETE	1:00:49.75	+ 24:36.23
183	MAZZI Manuela		SUI	F	1968	PALAGNEDRA	1:01:37.82	+ 25:24.30
184	FIORE Simonetta	FLOWERPOWER	SUI	F	1961	MORBIO INFERIORE	1:05:05.64	+ 28:52.12
160	IMARK Mélanie		SUI	F	1979	SION	1:05:05.83	+ 28:52.31
106	PERA-BROGGI Samantha		SUI	F	1987	BELLINZONA	1:05:13.33	+ 28:59.81
191	MOREIRA Giselle Elizabeth		AFG	F	1986		1:05:39.39	+ 29:25.87
175	BRUNNER Karin		SUI	F	1970	SARGANS	1:05:41.15	+ 29:27.63
174	SAXER Doris		SUI	F	1970	FRÜMSEN	1:05:41.38	+ 29:27.86

Ladies Run Ticino

SC Marketing Consult SA · Domenica, 14 maggio 2023

Risultati - Classic - 5K - Start 11:05 · 5 pagine

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
515	LOBSIGER Giada	TRIUNION	SUI	F	2010	CAMORINO	20:54.40	-
503	BERNARDONI Gloria	TRIUNION	SUI	F	2012	COMANO	20:54.41	+ 0.01
514	LOBSIGER Ambra	TRIUNION	SUI	F	2010	CAMORINO	20:54.43	+ 0.03
501	ORSO Jessica	TRIUNION	SUI	F	2011	CAMIGNOLO	20:54.50	+ 0.10
622	CONZA Lisa	SAM MASSAGNO	SUI	F	1983	RIVERA	21:59.59	+ 1:05.19
512	LALOLI Chloé	USA ASCONA	SUI	F	2007	GORDOLA	22:04.49	+ 1:10.09
666	GARBELY Regula	RC BELLINZONA	SUI	F	1976	BELLINZONA	22:20.21	+ 1:25.81
705	OEHEN Jessica		SUI	F	1990	LUMINO	22:21.70	+ 1:27.30
534	CANEVA Marina		SUI	F	1986	MEDEGLIA	22:47.59	+ 1:53.19
579	GAROBBO Sofia		SUI	F	2001	MENDRISIO	22:56.97	+ 2:02.57
649	BERNASCONI Eva	BRADIPI DEL GAZZIROLA	SUI	F	1973	SAVOSA	23:36.04	+ 2:41.64
570	FARINELLI Tamara	TRIATHLON TEAM TICINO	SUI	F	1996	TERNERO	23:51.76	+ 2:57.36
516	GARDNER Lila Ava	TRIUNION	GBR	F	2008	ORIGLIO	24:10.84	+ 3:16.44
510	SPINEDI Alessia	TRIUNION	SUI	F	2008	MEZZOVICO	24:11.36	+ 3:16.96
595	LEONARDI Susy	SOCIETÀ GINNASTICA MONTAGNA	SUI	F	1975	ARZO	24:44.08	+ 3:49.68
668	LOMBARDI Nathalie		SUI	F	1973	BREGANZONA	24:45.91	+ 3:51.51
565	LOMBARDI Annesa		SUI	F	2001	BREGANZONA	24:46.26	+ 3:51.86
587	BOZ Giovanna		ITA	F	1989	LUGANO	24:52.19	+ 3:57.79
600	ASPESI Alexa	SOCIETÀ GINNASTICA ARZO	SUI	F	1975	ARZO	25:02.47	+ 4:08.07
527	RIVERA Siria	CLUB CANOTTIERI LUGANO	SUI	F	2002	S. PIETRO	25:17.01	+ 4:22.61
502	GEMPERLE Nina	TRI TEAM TICINO	SUI	F	2015	S. VITTORE	25:38.45	+ 4:44.05
554	MAFFI Ylenia		SUI	F	1984	RANCATE	25:44.59	+ 4:50.19
621	PASINELLI LOBSIGER Patrizia		SUI	F	1975	CAMORINO	25:45.72	+ 4:51.32
508	BUCHSER Nathalie	TRIUNION	SUI	F	2008	TENERO	25:48.16	+ 4:53.76
555	SETTEMBRINO Elena		ITA	F	1984	MONTANO LUCINO	25:50.15	+ 4:55.75
509	MANFRÈ Greta	-	SUI	F	2010	ANZONICO	26:03.53	+ 5:09.13
620	AKAVAN Aris		SUI	F	1977	TAVERNE	26:04.54	+ 5:10.14
561	LOPEZ Carolina		SUI	F	1989	VIGANELLO	26:04.91	+ 5:10.51
616	JARDINI CROCI TORTI Nora		SUI	F	1978	ARZO	26:05.80	+ 5:11.40
677	RUSCA Patrizia	USC	SUI	F	1960	COMANO	26:06.63	+ 5:12.23
599	EICHMANN Brigitte		SUI	F	1980	SEEWEN	26:07.94	+ 5:13.54
623	TERZIC Eva		SUI	F	1982	LAMONE	26:12.34	+ 5:17.94
543	PABLÉ Miriam		SUI	F	1999	ZUG	26:13.77	+ 5:19.37
610	MANFRÈ Lorena	-	SUI	F	1983	ANZONICO	26:13.82	+ 5:19.42
580	CERUTTI Alice	USA ASCONA	SUI	F	2001	GOLINO	26:16.91	+ 5:22.51
557	ROJO-KRATOCHVIL Sofia		SUI	F	2002	SORENGO	26:17.64	+ 5:23.24
518	PFYFFER Mia	CLINICA SANT'ANNA	SUI	F	2007	AGNO	26:19.06	+ 5:24.66

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
635	FRANCO Daniela	CLINICA SANT'ANNA	SUI	F	1980	CANOBBIO	26:21.88	+ 5:27.48
703	BADER Renate	TEAM FIT SPORT	SUI	F	1970	BREMGGARTEN AG	26:22.38	+ 5:27.98
533	CANEVA Alice		SUI	F	1993	BERN	26:29.15	+ 5:34.75
646	PAULILLO Angela	-	ITA	F	1968	VIGANELLO	26:29.59	+ 5:35.19
632	CARMINATI Eleonora	CLINICA SANT'ANNA	ITA	F	1974	APPIANO GENTILE (CO)	26:31.70	+ 5:37.30
638	ROBBIANI Valeria		SUI	F	1972	S. PIETRO	26:37.33	+ 5:42.93
566	GAMBONI Emma	MÖVAT	SUI	F	1962	BREGANZONA	26:48.86	+ 5:54.46
624	LOCATELLI Romina		SUI	F	1975	SIGIRINO	26:51.09	+ 5:56.69
604	BARTIROMO Geltrude		ITA	F	1980	PARADISO	26:59.01	+ 6:04.61
532	FILIPPINI Agata		SUI	F	2002	VAGLIO	27:01.33	+ 6:06.93
673	TIMBAL Amalfi		SUI	F	1972	TESSERETE	27:07.70	+ 6:13.30
618	FRESTA-SCHLUB Melody		SUI	F	1976	GORDOLA	27:15.27	+ 6:20.87
572	POZZI Jamila		SUI	F	1997	RODI-FIESSO	27:17.15	+ 6:22.75
547	SAI Alice		SUI	F	1991	LUGANO	27:18.53	+ 6:24.13
559	NESSI Valentina		SUI	F	1987	COMANO	27:23.92	+ 6:29.52
560	JAQUEMET Fabienne		SUI	F	1989	STETTLEN	27:26.88	+ 6:32.48
684	BERINI Maruska		SUI	F	1966	CAMORINO	27:27.74	+ 6:33.34
602	CUOCO Simona		ITA	F	1977	PARADISO	27:33.16	+ 6:38.76
529	PEDRIOLI Sara	SARA	SUI	F	1990	BELLINZONA	27:38.06	+ 6:43.66
535	BABASKINA Ganna		UKR	F	1984	BREGANZONA	27:41.78	+ 6:47.38
704	BIANCHI Nicla	RUNNING BLENIO	SUI	F	1964	OLIVONE	27:50.22	+ 6:55.82
590	ROSSINELLI VARISCO Veronica	CLINICA SANT'ANNA	SUI	F	1977	RIVA SAN VITALE	27:59.15	+ 7:04.75
640	WALZER Melanie		SUI	F	1971	STABIO	28:16.80	+ 7:22.40
652	MELLE Mirella		ITA	F	1964	PREGASSONA	28:19.47	+ 7:25.07
612	CAVAGLIERI Claire	TRI TEAM TICINO	SUI	F	1974	AGARONE	28:20.67	+ 7:26.27
593	PURMALE Dace		LAT	F	1981	LUGANO	28:28.94	+ 7:34.54
601	WILTSHIRE Nathalie		SUI	F	1975	GUDO	28:42.56	+ 7:48.16
505	LUSINI Sofia		SUI	F	2006	TESSERETE	28:52.12	+ 7:57.72
655	LUSINI Nicla		SUI	F	1971	TESSERETE	28:52.24	+ 7:57.84
617	COLOMBEROTTO Katia		SUI	F	1975	MENDRISIO	28:54.09	+ 7:59.69
506	GERBER Lea	LUGANO AQUATICS	SUI	F	2009	CANOBBIO	28:58.59	+ 8:04.19
658	BOURQUIN Alessandra		SUI	F	1972	CANOBBIO	28:58.80	+ 8:04.40
629	CRISTINELLI Savina		SUI	F	1982	LIGORNETTO	29:12.28	+ 8:17.88
597	BUCK Valentina		SUI	F	1981	ZURIGO	29:17.71	+ 8:23.31
707	PASIC Sena		SUI	F	1981	CAMORINO	29:18.25	+ 8:23.85
608	DUCA Wanda		SUI	F	1980	ASCONA	29:18.30	+ 8:23.90
539	SCIOSCIA Arianna		SUI	F	1988	TAVERNE	29:22.84	+ 8:28.44
633	COLOMBO Valentina	CLINICA SANT'ANNA	ITA	F	1974	GRIANTE	29:25.10	+ 8:30.70
708	DEVOTI Silvia		ITA	F	1983	LUGANO	29:25.45	+ 8:31.05
603	AULINGER Daniela	SVKT FRAUENSPOORTVEREIN HOCHWACHT ZUG	SUI	F	1978	ZUG	29:27.58	+ 8:33.18
619	GIANINAZZI Pamela		SUI	F	1981	RANCATE	29:27.84	+ 8:33.44
605	GHISONI Sara		ITA	F	1982	ZUG	29:28.21	+ 8:33.81

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
553	CASIRAGHI Valentina		SUI	F	1990	RANCATE	29:46.43	+ 8:52.03
538	MORA Alessandra		SUI	F	1984	CASSINA D'AGNO	29:49.96	+ 8:55.56
576	SZANKAI Zsuzsanna		HUN	F	1989	SUHR	29:55.50	+ 9:01.10
571	PHAM Thi Thai Hien		SUI	F	1989	AARAU	29:55.68	+ 9:01.28
685	MILOSAVIJEVIC Brankica		SUI	F	1993	LUGANO	30:02.53	+ 9:08.13
686	PARRAVICINI-SANGIORGIO Rita		SUI	F	1966	CORTEGLIA	30:02.55	+ 9:08.15
583	VIGANI Nathaly	Allianz Suisse	SUI	F	1990	CADRO	30:07.50	+ 9:13.10
679	PFYFFER Michela	CLINICA SANT'ANNA	SUI	F	1972	AGNO	30:07.61	+ 9:13.21
582	TABELLINI Johana	Allianz Suisse	SUI	F	1989	CASSARATE	30:12.63	+ 9:18.23
631	TETTAMANTI-HERMANN Priska	ESL-Soggiorni linguistici	SUI	F	1974	VERNATE	30:21.32	+ 9:26.92
586	MOCCHI Luana	ESL-Soggiorni linguistici	SUI	F	1990	AGNO	30:21.35	+ 9:26.95
550	SAVOLDO Francesca		SUI	F	1987	SORENGO	30:22.47	+ 9:28.07
584	SCHAUMAN DIETRICH Karina Maria	ESL-Soggiorni linguistici	SUI	F	1984	LUGANO	30:34.07	+ 9:39.67
524	REBAI Giulia		SUI	F	1995	PREGASSONA	30:47.55	+ 9:53.15
525	BEDOGNETTI Nicol		ITA	F	1985	PREGASSONA	30:51.04	+ 9:56.64
589	BERNASCONI Diana		SUI	F	1978	BRÈ SOPRA LUGANO	30:51.09	+ 9:56.69
664	GOBAT Marie-Claude		SUI	F	1953	COURRENDLIN	30:54.38	+ 9:59.98
627	HAGEN Leonie		GER	F	1982	MASSAGNO	30:56.76	+ 10:02.36
588	SIMONE Claudia		SUI	F	1987	AGNO	31:04.92	+ 10:10.52
662	RAMELLI Michelle		SUI	F	1970	PREONZO	31:05.18	+ 10:10.78
178	CAMPONOVO Silvia		SUI	F	1966	PORZA	31:10.29	+ 10:15.89
552	BASTIDA CABRERA Africa		SUI	F	1999	LUGANO	31:36.26	+ 10:41.86
625	CRISTIANO Alessandra		SUI	F	1976	PONTE TRESA	31:38.08	+ 10:43.68
517	CRISTIANO Noemi		SUI	F	2010	PONTE TRESA	31:38.20	+ 10:43.80
626	PLOCHOCKA Ula		POL	F	1980	TAVERNE	31:42.47	+ 10:48.07
656	CORTELLEZZI Patrizia	GOLD SAVOSA	SUI	F	1969	VEZIA	31:42.51	+ 10:48.11
614	CARIA Sara		ITA	F	1978	TENERO	31:42.56	+ 10:48.16
574	VON GUNTEN Claudia		SUI	F	1986	PONTE CAPRIASCA	31:50.60	+ 10:56.20
636	BOTTANI FARINELLI Lorenza	TRI TEAM TICINO	SUI	F	1964	CAMORINO	31:51.75	+ 10:57.35
680	ZONI Sofia	CLINICA SANT'ANNA	SUI	F	1964	PREGASSONA	31:52.94	+ 10:58.54
522	DISTASO Elisabetta		ITA	F	2006	CREMIA	31:58.78	+ 11:04.38
521	DISTASO Aurora		ITA	F	2006	CREMIA	31:59.29	+ 11:04.89
678	DONZELLI Roberta	CLINICA SANT'ANNA	ITA	F	1971	VERNATE	32:04.05	+ 11:09.65
650	LEONFORTE Béatrice		SUI	F	1964	CASLANO	32:10.38	+ 11:15.98
643	GROSSI Marika		SUI	F	1973	CASTEL SAN PIETRO	32:13.01	+ 11:18.61
537	CEPPI Ilaria		ITA	F	1990	COMO	32:18.36	+ 11:23.96
596	BONETTI-REINA Laura		SUI	F	1975	PORZA	32:18.68	+ 11:24.28
637	BENEDETTELLI Giovanna		ITA	F	1969	LUGANO	32:26.37	+ 11:31.97
536	NYZHNYK Hanna		UKR	F	2002	BELLINZONA	32:32.67	+ 11:38.27
567	DECRISTOPHORIS Lia		SUI	F	1990	LUMINO	32:44.55	+ 11:50.15
523	DECRISTOPHORIS Elisa		SUI	F	1987	LUMINO	32:44.67	+ 11:50.27
645	ZARDI Clelia		SUI	F	1967	BREGANZONA	32:46.76	+ 11:52.36

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
644	MORESI Georgina		SUI	F	1969	TESSERETE	32:56.70	+ 12:02.30
683	CALDER-MCLAREN Amanda		GBR	F	1983	LUGANO	33:16.85	+ 12:22.45
544	PETOLETTI Charlotte		SUI	F	1993	DANGIO-TORRE	33:34.62	+ 12:40.22
545	AMBROSINI Aline		SUI	F	2003	LOSONE	33:41.86	+ 12:47.46
651	AMBROSINI Martina		SUI	F	1968	LOSONE	33:42.05	+ 12:47.65
578	DUCOMMUN Elsa Maria		SUI	F	1989	LUGANO	33:43.31	+ 12:48.91
569	FITZGERALD Katie		USA	F	2003	SORENGO	33:46.03	+ 12:51.63
577	LEPIERE Nadia	N/A	USA	F	2003	SORENGO	33:46.27	+ 12:51.87
526	HOFBAUER Serena		SUI	F	1990	PONTE CAPRIASCA	33:50.13	+ 12:55.73
591	MANINI Gisella		SUI	F	1974	LIGORNETTO	33:50.23	+ 12:55.83
546	MANTILLA Isabel			F	1995	MORBIO INFERIORE	33:52.85	+ 12:58.45
548	LENAZZI Melany		SUI	F	1994	COLDRERIO	33:52.95	+ 12:58.55
648	MARTELLI PISCHEDDA Antonella		SUI	F	1965	GENESTRERIO	33:53.06	+ 12:58.66
558	GAFFURI Sandra		SUI	F	1992	COLDRERIO	34:00.14	+ 13:05.74
575	DI GIROLAMO Deborah		SUI	F	1992	VACALLO	34:00.24	+ 13:05.84
564	LUCCHINI Nadia		SUI	F	1994	DIETIKON	34:01.57	+ 13:07.17
563	CARVALHO Andreia		SUI	F	1994	DIETIKON	34:01.81	+ 13:07.41
642	CREUSO RUPIL Carla		SUI	F	1966	PONTE CAPRIASCA	34:02.56	+ 13:08.16
609	DENDENA Kristina	YOMATIME	HUN	F	1980	ARBEDO	34:06.87	+ 13:12.47
674	DI GIUSTO Manuela		SUI	F	1969	SORENGO	34:09.31	+ 13:14.91
639	BEAUSOLEIL Mara		SUI	F	1966	LUGANO	34:13.24	+ 13:18.84
541	ORZEL Justyna		POL	F	1986	GENÈVE	34:14.63	+ 13:20.23
657	COLOGNATO Cristina		ITA	F	1973	SORENGO	34:25.45	+ 13:31.05
530	ROVELLI Luana		SUI	F	1985	GIUBIASCO	34:37.17	+ 13:42.77
540	TSULYGINA Alike		RUS	F	2002	LUGANO	34:40.71	+ 13:46.31
672	PALADINES Elba		SUI	F	1953	WINTERTHUR	35:19.88	+ 14:25.48
581	PROCACCINI Giada		SUI	F	1985	MONTEGGIO	35:50.14	+ 14:55.74
690	RICCI Beatrice		SUI	F	2011	LUGANO	36:14.82	+ 15:20.42
613	DIOGUARDI Lucia		SUI	F	1978	GUDO	36:25.93	+ 15:31.53
556	RUGGERI Sharon		SUI	F	1990	GORDOLA	36:25.93	+ 15:31.53
507	PABLÉ Emily		SUI	F	2004	BARBENGO	36:32.82	+ 15:38.42
519	COLOMBO Emma	CLINICA SANT'ANNA	ITA	F	2007	GRIANTE	36:33.01	+ 15:38.61
549	TOSETTI Manuela		SUI	F	1989	MEZZOVICO	36:35.70	+ 15:41.30
689	PACCAGNELLA Claudia		SUI	F	1978	LUGANO	36:45.62	+ 15:51.22
615	CANONICA Anissa		SUI	F	1975	VAGLIO	36:47.63	+ 15:53.23
634	LUVIÉ Simona	CLINICA SANT'ANNA	ITA	F	1975	CADORAGO	37:00.97	+ 16:06.57
667	TALMON-GROS Christine		SUI	F	1973	DAVESCO-SORAGNO	37:01.69	+ 16:07.29
568	ZAHM Jessica		SUI	F	1991	WINTERTHUR	38:55.60	+ 18:01.20
585	TONAS Sharon	ESL-Soggiorni linguistici	SUI	F	1984	AGNO	39:01.06	+ 18:06.66
630	TOSSUT Lilla	ESL-Soggiorni linguistici	SUI	F	1977	AGNO	39:01.37	+ 18:06.97
520	MANZI Viola	CLINICA SANT'ANNA	ITA	F	2008	CADORAGO	39:10.84	+ 18:16.44
654	CEFIS Mery		SUI	F	1966	BIASCA	40:24.34	+ 19:29.94

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
531	BENINCASA Antonietta Jessica		SUI	F	1988	SEMENTINA	41:28.11	+ 20:33.71
660	DE JESUS DEMICHELI Jussara Maria		SUI	F	1965	LUGANO	42:38.54	+ 21:44.14
688	FERRARETTI Alice		SUI	F	2011	ALDESAGO	42:56.76	+ 22:02.36
687	MANZIONE Simona		SUI	F	1970	ALDESAGO	42:56.80	+ 22:02.40
706	GAGGIONI Morena		SUI	F	2009	IRAGNA	45:17.15	+ 24:22.75
659	BASERGA Irene	NESSUNA	SUI	F	1973	MORBIO INFERIORE	45:18.18	+ 24:23.78
661	ZULLO Dolores		SUI	F	1964	MENDRISIO	45:19.54	+ 24:25.14
606	ROBERTINI SIMONELLI Sara		SUI	F	1978	COMO	45:19.56	+ 24:25.16
647	MOLINARI Elena		ITA	F	1964	PREGASSONA	47:08.88	+ 26:14.48
653	GAGGIONI Morena		SUI	F	1966	IRAGNA	47:11.23	+ 26:16.83
691	CHERUBINI Sofia		ITA	F	2011	LEGNANO	50:12.38	+ 29:17.98
701	SPRENGER Myriam		ITA	F	1974	LEGNANO	50:13.22	+ 29:18.82
DNF - Ritirati (2)								
513	FRESTA Alyson		SUI	F	2008	GORDOLA	Ritirato	
702	KUDRUK Svetlana		RUS	F	1971	AROSIO	Ritirato	

Ladies Run Ticino

SC Marketing Consult SA · Domenica, 14 maggio 2023

Risultati - Sprint - 2.5K - Start 11:00 · 2 pagine

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
303	CONFORTINI Lea	SOCIETÀ ATLETICA BELLINZONA	SUI	F	2012	CASTIONE	11:36.69	-
305	VUCIC Maja		SUI	F	2012	TESSERETE	11:45.53	+ 8.84
309	VALSESIA Ylenia		SUI	F	2013	ROVIO	11:47.24	+ 10.55
310	VALSESIA Alisha		SUI	F	2015	ROVIO	12:56.22	+ 1:19.53
304	URIAN Isabel	VOLLEY LUGANO	SUI	F	2012	LUGANO	13:24.90	+ 1:48.21
308	WEISSENBERGER Lina		SUI	F	2013	GOLDSWIL	14:21.76	+ 2:45.07
307	BURKART Jana		SUI	F	2016	RINGGENBERG BE	15:30.63	+ 3:53.94
306	VUCIC Lisa		SUI	F	2016	TESSERETE	15:33.18	+ 3:56.49
350	KNOTT Olivia		SUI	F	2014		15:59.59	+ 4:22.90
301	BELLOTTI Lee	TRIATHLON CAPRIASCA	SUI	F	2013	RIVERA	16:10.45	+ 4:33.76
358	SCOTTO DI LUZIO Creta		ITA	F	2019	PORZA	16:59.41	+ 5:22.72
355	STEINMANN Elisabetta		SUI	F	2015	MONTE CARASSO	17:13.40	+ 5:36.71
356	GIULIANI Tania		SUI	F	2016	MONTAGNOLA	17:13.49	+ 5:36.80
349	DULSAT Maila		SUI	F	2017	LAMONE-CADEMPINO	20:00.79	+ 8:24.10
302	MANDRUZZATO Margherita		SUI	F	2012	LUGANO	20:42.63	+ 9:05.94
345	PERONI Elisa	SAB BELLINZONA	SUI	F	2011	CASTIONE	11:29.45	-1:59:52.7
347	MILETIC Elena		SUI	F	2011	MASSAGNO	13:41.97	+ 2:05.28
351	KNOTT Gia		SUI	F	2011		14:22.19	+ 2:45.50
344	PANASENKO Yulia		RUS	F	2011	LUGANO	14:29.45	+ 2:52.76
346	STELLA Celeste		SUI	F	2011	BREGANZONA	16:43.56	+ 5:06.87
359	BADARACCO Isabella		SUI	F	2011	MONTAGNOLA	17:02.34	+ 5:25.65
343	VUCIC Noemi		SUI	F	2010	TESSERETE	17:53.55	+ 6:16.86
319	ZANNONI Veronica		SUI	F	1991	LUGANO	13:54.65	+ 2:17.96
312	GROSSI Emily		SUI	F	2001	CASTEL SAN PIETRO	14:58.75	+ 3:22.06
315	FERRANTE Laura		ITA	F	1988	GIUBIASCO	15:49.05	+ 4:12.36
318	ACHILLI Linda		ITA	F	1986	MASSAGNO	16:47.20	+ 5:10.51
357	CAPPELLARI Martina		SUI	F	1992	TESSERETE	17:07.33	+ 5:30.64
313	STELLA Céline		SUI	F	1991	BREGANZONA	17:11.24	+ 5:34.55
317	LUGHI Giorgia		SUI	F	1995	MONTEGGIO	18:16.89	+ 6:40.20
316	PESIC Natalia		SUI	F	1996	MONTEGGIO	18:18.23	+ 6:41.54
314	GIANFERRARI Elisa		SUI	F	1991	MAGLIASO	20:41.29	+ 9:04.60
330	ZAMBELLI-PERONI Anna		SUI	F	1974	CASTIONE	13:04.21	+ 1:27.52

No.	Cognome nome	Società	Naz	Ss	Anno	LOCALITÀ	Tempo	Dist.
328	MONTAGNA Maria		SUI	F	1982	LUGANO	13:22.87	+ 1:46.18
333	VALSESIA Dajana	-	SUI	F	1982	ROVIO	13:28.87	+ 1:52.18
324	LOBODINA Elena		KNA	F	1974	PARADISO	14:29.19	+ 2:52.50
327	CONFORTINI Paola		SUI	F	1978	CASTIONE	15:10.92	+ 3:34.23
326	BIGGER Elena		SUI	F	1979	CASTIONE	15:10.98	+ 3:34.29
331	BURKART Jacqueline		SUI	F	1982	RINGGENBERG BE	15:31.12	+ 3:54.43
329	VUCIC-CELANT Elena		SUI	F	1979	TESSERETE	15:59.38	+ 4:22.69
352	REGNANI Gabriella		SUI	F	1981	MONTAGNOLA	16:08.52	+ 4:31.83
321	SAGMEISTER Andrea		SUI	F	1983	AGNO	17:06.63	+ 5:29.94
594	TREVISAN Roberta	RC BELLINZONA	SUI	F	1974	MONTE CARASSO	17:13.42	+ 5:36.73
332	NÄF Miriam		SUI	F	1982	GOLDSWIL	17:20.83	+ 5:44.14
320	MASSARO Manuela		SUI	F	1975	BREGANZONA	17:53.76	+ 6:17.07
334	MILETIC Milena		SUI	F	1983	LUGANO	19:36.98	+ 8:00.29
348	FERRETTI Simona		SUI	F	1977	LAMONE-CADEMPINO	20:14.55	+ 8:37.86
323	CONSONNI Letizia		SUI	F	1983	BISSONE	20:41.01	+ 9:04.32
322	LONATI Mara		SUI	F	1974	LUGANO	20:42.47	+ 9:05.78
361	MEDOLAGO Nadine		SUI	F	1977	BISSONE	25:01.46	+ 13:24.77
342	BIANCHI Ornella	Allianz Suisse	SUI	F	1966	MESOCOCCO	16:44.85	+ 5:08.16
341	ALBERTI Rosalinda	Allianz Suisse	SUI	F	1962	MEZZOVICO	16:45.11	+ 5:08.42
641	MARTINELLO Sonia	MAGNAGATI	SUI	F	1972	MONTAGNOLA	17:13.40	+ 5:36.71
335	BADER Angela		SUI	F	1948	LUGANO	17:53.39	+ 6:16.70
354	BRAGAGNOLO Mariangela		SUI	F	1962		21:37.78	+ 10:01.09
353	ROMANO Daniela		SUI	F	1973	CHIASSO	21:41.04	+ 10:04.35
360	MEDOLAGO Elena		SUI	F	1947	MAROGGIA	25:01.57	+ 13:24.88
337	CELANT Francisca		SUI	F	1951	TESSERETE	25:13.10	+ 13:36.41
340	TAVASCI Carla		SUI	F	1966	S. VITTORE	1:10:13.49	+ 58:36.80